

# Week 2 Menu



Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios, 1% milk & 100% juice	Oatmeal, peaches & 1% milk	Waffles, mixed fruit & 1% milk	Multi-grain cereal, 1% milk & 100% juice	Kolache, pears, 1% milk
Lunch	Chicken spaghetti, green beans, mixed fruit & 1% milk	Meatballs, rice, greenbeans, apple sauce & 1% milk	Fish sticks, carrots, mixed fruit & 1% milk	Soft tacos w/lettuce, peaches & 1% milk	Ham and cheese sandwich, carrots, banana & 1% milk
PM Snack	Animal crackers & 1% milk	Teddy Grahams & 100% juice	Zucchini bread & 1% milk	Crackers, sliced cheese & water	Graham crackers & 100% juice
At-Risk Meal	Chicken spaghetti, green beans, mixed fruit & 1% milk	Meatballs, rice, greenbeans, apple sauce & 1% milk	Fish sticks, carrots, mixed fruit & 1% milk	Soft tacos w/lettuce, peaches & 1% milk	Ham and cheese sandwich, carrots, banana & 1% milk